

## Help us to learn what helps you in your community!

Do you have lived experience of mental illness?

We want to find ways to help community groups, and places such as museums and libraries, support more people with experience of mental illness, and remove barriers to taking part.

We would like to ask you about why you do, or don't, take part in these community groups, and what would help you to do so.



If you:

- Have lived experience of a mild or moderate mental illness,
- Have something to say about what your community offers, such as arts, music or drama groups; sports events, allotments, libraries and museums,
- Would be prepared to take part in an interview with a researcher (at a time and place convenient for you)

then please get in touch! Email or call Louise Baxter on [l.baxter@ucl.ac.uk](mailto:l.baxter@ucl.ac.uk) or 020 7679 8347 to ask for more information, or to arrange an interview.